

Sarek, September 2012

| Article | Manufacturer | Model | Weight | Pieces | Total | Notes | |
|----------------------------------------|---------------|------------------------------------|--------|--------|-------|---------------------------------------|--------------|
| Clothing | | | | | | | 3722 |
| briefs | Icebreaker | Beast Brief | 55 | 2 | 110 | | |
| shirt | Rab | Boreas Pull-on | 262 | 1 | 262 | | |
| base layer shirt | Akla | merino | 285 | 1 | 285 | | |
| base layer pants | Akla | merino | 150 | 1 | 150 | | |
| powerstretch pants | Finnsvala | Powerstretch | 257 | 1 | 257 | | |
| shell jacket | Rab | Momentum | 365 | 1 | 365 | | |
| wind pants | Montane | Featherlight | 132 | 1 | 132 | | |
| shell pants | Haglöfs | Lim | 300 | 1 | 300 | | |
| puffy jacket | Rab | Generator jacket | 405 | 1 | 405 | | |
| walking socks | Bridgedale | Speed Demon | 41 | 1 | 41 | | |
| walking socks | Inov8 | Pro Sock 22 | 49 | 1 | 49 | | |
| thick socks | home made | wool socks | 110 | 1 | 110 | Camp & sleep | |
| shoes | La Sportiva | Wildcat, size 46 | 848 | 1 | 848 | | |
| gaiters | Inov8 | Debris Gaiter | 53 | 1 | 53 | | |
| camp socks | | plastic bags | 4 | 2 | 8 | In camp with wet shoes | |
| cap | Haglöfs | Box cap | 55 | 1 | 55 | | |
| fleece hat | Jack Wolfskin | microfleece | 25 | 1 | 25 | Sleep, extra warmth | |
| mosquito head net | MYOG | no-see-um mesh | 15 | 1 | 15 | Leave home if no bugs. | |
| Buff | Original | | 35 | 1 | 35 | | |
| gloves | Black Diamond | Midweight | 37 | 1 | 37 | | |
| wool mittens | home made | | 90 | 1 | 90 | | |
| shell mittens | Extremeties | Shell mittens | 90 | 1 | 90 | | |
| Packing | | | | | | | 1281 |
| rucksack | HMG | Porter, L, with MYOG pouch | 970 | 1 | 970 | | |
| camera pack | Ortlieb | Aqua-Zoom | 240 | 1 | 240 | | |
| dry sack | Ortlieb | PS10, 12L | 71 | 1 | 71 | For sleeping bag & warm clothes | |
| dry sack | Tatonka | Rolltop, large | 90 | 1 | | For food | |
| dry sack | Tatonka | Rolltop, medium | 70 | 1 | | For the rest | |
| Kitchen (shared) | | | | | | | 282,5 |
| stove | Firemaple | 116T | 46 | 1 | 46 | | |
| pot | Edelrid | Ardord solo 1,4L, lid, stuff sack | 260 | 1 | 260 | | |
| gas | Biltema | 217g of gas, cartridge weight only | 217 | 1 | 217 | the gas itself listed as a consumable | |
| gas cartidge foot rest | Primus | | 28 | 1 | 28 | for some extra stability | |
| lighter | Colt | Mini | 14 | 1 | 14 | | |
| Personal food and drink related | | | | | | | 240 |
| mug | GSI | Cascadian cup | 69 | 1 | 69 | | |
| bottle | soda bottle | | 28 | 2 | 56 | | |
| bottle | Nalgene | 0,5l wide mouth | 100 | 1 | 100 | | |
| spoon | LM | Spork XM | 15 | 1 | 15 | | |
| Tent (shared) | | | | | | | 983 |
| shelter | Hilleberg | Anjan 3 | 1800 | 1 | 1800 | | |
| pegs | Hilleberg | assortment | 166 | 1 | 166 | | |
| Sleeping | | | | | | | 1920 |
| sleeping bag | Marmot | Couloir long | 1520 | 1 | 1520 | Plenty warm, a bit lighter would do | |
| sleeping mat | Ridgerest | Regular | 310 | 1 | 310 | | |
| pillow | Exped | Airpillow | 90 | 1 | 90 | | |
| Shared gear | | | | | | | 387,5 |
| satellite comms | Yellowbrick | YB3 | 360 | 1 | 360 | | |
| first aid kit | | | 200 | 1 | 200 | | |
| repairing & patching | | P-cord, duct tape, etc. | 100 | 1 | 100 | | |
| map case | Ortlieb | Document pouch, A4 | 55 | 1 | 55 | | |
| compass | Suunto | | 30 | 2 | 60 | | |
| Camera gear | | | | | | | 2434 |
| tripod and head | Gorillapod | Gorillapod SLR | 240 | 1 | 240 | | |
| DSLR camera | Canon | EOS 550D | 530 | 1 | 530 | | |
| Canon batteries | Accessory | | 45 | 4 | 180 | | |
| zoom lens | Canon | EF 24-205mm 4 L IS | 761 | 1 | 761 | | |
| wide angle | Samyang | 14mm 2,8, in protective CCF case | 614 | 1 | 614 | | |
| polarizing filter | Hoya | with protective case | 80 | 1 | 80 | | |
| cleaning | Lens pen | Lens pen + microfiber cloth | 20 | 1 | 20 | | |
| memory card case | | Protective case for spare SD card | 5 | 1 | 5 | | |
| memory cards | Transcend | SDHC assortment | 2 | 2 | 4 | 2 x 16GB/10 | |
| Random personal stuff | | | | | | | 2026 |
| walking poles | Black Diamond | Syncline, without straps | 580 | 1 | 580 | | |
| crampons | Black Diamond | Contact Strap | 720 | 1 | 720 | | |
| sun glasses | Prestige | with neck strap & protective case | 75 | 1 | 75 | | |
| carabiner | Edelrid | accessory | 8 | 2 | 16 | | |
| spare compass | Suunto | Keyring model | 15 | 1 | 15 | as a spare compass | |

| | | | | | |
|-------------|----------|-------------------------------|-----|---|----------------------|
| small towel | MYOG | piece of cotton mesh | 37 | 1 | 37 |
| knee brace | | | 80 | 2 | 160 busted knees |
| knife | Gerber | LST | 35 | 1 | 35 |
| matches | | in ziplock bag + firestarters | 40 | 1 | 40 |
| clock | Polar | | 45 | 1 | 45 |
| ditty bag | | hygiene stuff & personal meds | 150 | 1 | 150 |
| notebook | | A6 | 41 | 1 | 41 for diary keeping |
| pen | | | 6 | 2 | 12 |
| GSM phone | Samnsung | Galaxy Xcover | 100 | 1 | 100 |

Total without consumables **13276**

Consumables (my personal share) **7670**

| | | | | | |
|---------------------------|----------------|----------------------------------|-----|-----|------------|
| food | | average daily ration | 800 | 9 | 7200 |
| spirits | quality whisky | | 200 | 1 | 200 |
| fuel (butane-propane mix) | | 450g, canister listed separately | 450 | 0,5 | 225 shared |
| toilet paper | | | 90 | 0,5 | 45 shared |

Total with consumables aka full skin-out weight **20946**

Likely packweight in the beginning

| | | |
|-----------------------------|---------------------------|--------------|
| Total with consumable | | 20946 |
| Water | 0,5 liters | 500 |
| ./.. clothing & shoes worn | assuming cool and dry day | 2543 |
| Packweight in the beginning | | 18903 |